

# *Team* Pennsylvania

COVID-19 CRISIS COUNSELING PROGRAM

GET CONNECTED WITH A  
**FREE** CRISIS COUNSELOR



**CALL 1-855-284-2494**



*Do you feel...*

*Stressed?*

*Overwhelmed?*

*Alone?*

*Afraid?*

*Anxiety?*

*During these uncertain  
times, you are not alone.  
We are here to listen.*

**Please call our Pennsylvania Support and Referral Line**

**1-855-284-2494 TTY: 724-631-5600**

There are trained professionals available 24/7 ready to help you navigate these unprecedented challenges.

These services are FREE & CONFIDENTIAL.