

FAMILIES **GROW** TOGETHER



You're Invited!

Families in Schuylkill County have a new opportunity to learn and grow together!

Many families face stress, challenges with bullying, difficulty sleeping, or concerns about how to support our young people. Families Grow Together will teach families new skills and ways to connect.

To inquire about the program and register, please contact:

Tracy Frederick
Program Manager
(570) 728-3476 or
tfrederick@sam-inc.org

Program now available ONLINE!

- **FREE** family fun from the comfort of your own home!
- Two-part program that includes interactive discussions and family activities (art, drumming, or yoga)
- Programming will be held via ZOOM meetings- all you need is an internet connection and a device!

Parents In The Know / Care for Kids



Provided by Community Outreach Professionals at SARCC

Caregivers and children in separate groups will learn new skills for prevention, building healthy connections, and establishing healthy boundaries.



- Open to any family in Schuylkill County with children ages 6-13
- Sessions will occur twice per week for a total of six consecutive weeks (contact Program Manager for specific scheduling details)
- All staff members associated with the program have valid child abuse/criminal history clearances AND are mandated reporters, which means they are obligated to directly report suspected child and older adult abuse.